

POTPOURRI FOR CHRISTIAN WRITERS

156 Prayer Writing Prompts

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Prayer writing is an awesome way for you, as a Christian writer, to connect with God in your writing every day. Prayer writing encourages you to talk with God in your writing, listen to God in your writing, and let God share His heart through your writing. The prayers you write can be for you and God alone. You can also share your prayers with others. Church ministries, community organizations, families, and many others might like to read your prayers and incorporate them into group or family prayer time.

If you place the prayers you write on your website, many more people will be touched. Your words, inspired by the Holy Spirit, might help someone talk to God for the first time. The prayers you put on your website will also “speak out” over your community. Of course, in publishing prayers online, remember not to include personal names of others, or their identifying traits; and remember that we cannot violate another person’s free will with our prayers.

Regardless of whom you share them with, your prayers, as you write them, will rise as sweet incense to God. They will touch the heart of the King. Your heart, too, will be changed and blessed.

While these prayer prompts are a great tool for writers, you don’t have to consider yourself a writer to enjoy writing prayers. If you would like to grow in your prayer life, or if you enjoy new opportunities to pour out your heart to God, prayer writing can become a part of your daily or weekly spiritual discipline.

Following is a list of the types of prayers included in this e-book. This is just for starters. If you choose one prompt per week, you’ll have enough here for three years of prayer writing. Or challenge yourself to writing one per day. When you get to the end of the list, you can repeat the list or expand on it. It is my hope that you will be inspired to continue writing prayers beyond these writing prompts. Let God lead you. Enjoy it and be blessed.

Types of prayer:

Adoration – expressing your heartfelt love and worship of God, in all His attributes and love.

Asking God to Shine His Light – asking God to reveal things you might not be aware of that need His intervention.

Confession – confessing your sins to God; confessing your need of God.

Forgiveness – asking God to forgive you (or your family or community) and asking God to help you forgive others.

Intercession – “standing in the gap” for people or for community-wide needs; listening to and praying God’s heart, and praying for things He desires to birth; praying for those whose physical, emotional and/or spiritual oppression (in one area of their life, or in many) makes it difficult for them to pray for themselves.

Inviting God’s Presence – inviting God’s presence into your heart, life, and world.

Names of God – praising God for a specific one of His attributes.

Petition – lifting up a specific request to God.

Praise – praising God in all aspects of who He is and what He does.

Repentance – repenting for (turning away from) sins in your life; repenting on behalf of your family line (generational sin); and repenting on behalf of sin committed in your community – present day or historically.

Scripture – turning a verse or passage of Scripture into a prayer.

Seeking God’s Heart – asking God to share His heart for a person or an area of life.

Thanksgiving – thanking God for every blessing.

Go to the next page to begin your prayer writing prompts.

Prayer writing prompts – 156 to get you started:

- (1) Write a prayer confessing a time when you turned away from God.
- (2) Write a prayer seeking God's heart for a new Christian.
- (3) Write a prayer thanking God for something that is on your heart to thank Him for.
- (4) Write a prayer praising God for His love.
- (5) Write a prayer of intercession for those in your community who are alone.
- (6) Write a prayer asking God to shine His light on a way that you can be more Christ-like.
- (7) Write a prayer of petition asking God to grow the fruits of the Spirit in you (Galatians 5:22-23).
- (8) Write a prayer asking God to help you forgive someone you've struggled to forgive.
- (9) Write a prayer based on Isaiah 43:1-2.
- (10) Write a prayer inviting God's presence into more areas of your heart.
- (11) Write a prayer praising God as Jehovah Shammah (God Who is Present).
- (12) Write a prayer of adoration focusing on God as your best friend.
- (13) Write a prayer of repentance for things that have blocked your heart from God.
- (14) Write a prayer of intercession for children who have suffered trauma.
- (15) Write a prayer praising God as Elohim (God our Powerful Creator).

- (16) Write a prayer inviting God's presence into your relationships.
- (17) Write a prayer based on John 6:35-40.
- (18) Write a prayer confessing a situation where you've struggled with forgiveness.
- (19) Write a prayer of petition asking God to direct your steps.
- (20) Write a prayer asking God to show you the areas where you might still have unforgiveness in your heart.
- (21) Write a prayer seeking God's heart for the elderly in your community.
- (22) Write a prayer asking God to shine His light on a fruit of the Spirit He wants to grow in you.
- (23) Write a prayer praising God for His creation.
- (24) Write a prayer of repentance for false guilt and for the ways you've engaged in self-condemnation.
- (25) Write a prayer thanking God that He has a plan.
- (26) Write a prayer of adoration focusing on God's intervention in your life.
- (27) Write a prayer of intercession for the cancer patients in your local hospitals.
- (28) Write a prayer asking God to shine His light on one of the ways He desires to grow you.
- (29) Write a prayer seeking God's heart for an important decision in your life.
- (30) Write a prayer praising God for the ways He has intervened in human history.

- (31) Write a prayer inviting God's presence into your decision-making.
- (32) Write a prayer asking God to forgive you of being too busy for Him.
- (33) Write a prayer confessing how you try to do things your own way instead of God's way.
- (34) Write a prayer of repentance for the things you have feared in your life.
- (35) Write a prayer of adoration focusing on God's strength and mighty power.
- (36) Write a prayer praising God as Jehovah Rophe (God our Healer).
- (37) Write a prayer thanking God for creating several animals that you find most interesting.
- (38) Write a prayer of petition asking God for an open door.
- (39) Write a prayer based on Deuteronomy 28:1-14.
- (40) Write a prayer of intercession for those in your community who do not know Jesus.
- (41) Write a prayer based on Psalm 107:35-38.
- (42) Write a prayer of adoration focusing on the various aspects of God's beauty.
- (43) Write a prayer of petition asking God to help family and friends.
- (44) Write a prayer seeking God's heart for your day.
- (45) Write a prayer praising God for His leadership.
- (46) Write a prayer confessing idolatry.
- (47) Write a prayer inviting God's presence into your daily conversations.

- (48) Write a prayer thanking God for being so interesting, fun, and creative.
- (49) Write a prayer of repentance for the ways you've taken God's love for granted.
- (50) Write a prayer asking God to shine His light on an area of rebellion in your heart.
- (51) Write a prayer asking God to forgive you for judging others.
- (52) Write a prayer praising God as Jehovah Sabbaoth (Lord of Hosts).
- (53) Write a prayer confessing that you can do nothing without God.
- (54) Write a prayer praising God for His majesty.
- (55) Write a prayer based on Revelation 21:1-5.
- (56) Write a prayer asking God to shine His light on an area of your heart that is still in darkness.
- (57) Write a prayer thanking God for His forgiveness.
- (58) Write a prayer praising God as Jehovah Tsidkenu (God our Righteousness).
- (59) Write a prayer of intercession for the ways God desires to bring His Kingdom to light in your community.
- (60) Write a prayer of adoration focusing on God's gentleness and kindness.
- (61) Write a prayer seeking God's heart for someone you don't get along well with.
- (62) Write a prayer thanking God for good health – even if you struggle with health issues, thank Him for good health.

- (63) Write a prayer of repentance for not walking in the boldness and authority of a child of the Most High King.
- (64) Write a prayer inviting God's presence at your meal times.
- (65) Write a prayer of adoration focusing on one particular attribute of God.
- (66) Write a prayer of petition asking God for a closed door.
- (67) Write a prayer of intercession for the nations.
- (68) Write a prayer of repentance for missed opportunities to share the love of Christ in your community.
- (69) Write a prayer of petition asking God to bless your life.
- (70) Write a prayer based on John 10:1-5.
- (71) Write a prayer thanking God for your family (regardless of what type of relationship you have with them).
- (72) Write a prayer praising God for the ways He guides your path.
- (73) Write a prayer inviting God's presence into your rest times.
- (74) Write a prayer telling God how much you love Him.
- (75) Write a prayer asking God to teach you more about forgiveness.
- (76) Write a prayer thanking God for being who He is.
- (77) Write a prayer seeking God's heart for someone who has hurt you.
- (78) Write a prayer asking God to shine His light on a bad habit that's hard for you to break.

- (79) Write a prayer confessing that you don't seek God first in all things.
- (80) Write a prayer praising God as Jehovah Jireh (God our Provider).
- (81) Write a prayer asking God to forgive you of the times your thoughts turn away from Him.
- (82) Write a prayer praising God as Jehovah Nissi (God our Banner).
- (83) Write a prayer seeking God's heart for your nation.
- (84) Write a prayer of repentance, on behalf of the Church, for the ways God's love has not been demonstrated by followers of Christ.
- (85) Write a prayer of intercession for the things God desires to birth in your community.
- (86) Write a prayer based on II Chronicles 7:14.
- (87) Write a prayer asking God to shine His light on an unrecognized blessing you've inherited from your family.
- (88) Write a prayer of adoration focusing on a different attribute of God than the one you wrote about previously (in # 65).
- (89) Write a prayer confessing that you are overwhelmed by God's grace and love.
- (90) Write a prayer of petition asking God for a new revelation of Himself.
- (91) Write a prayer inviting God's presence into more of your day.
- (92) Write a prayer of adoration focusing on the ways God loves you.
- (93) Write a prayer seeking God's heart for your family.

- (94) Write a prayer based on Romans 8:14-17.
- (95) Write a prayer confessing something that stands between you and God.
- (96) Write a prayer praising God for His provision.
- (97) Write a prayer inviting more of God's presence into the world.
- (98) Write a prayer asking God to shine His light on a judgment you've made against someone.
- (99) Write a prayer thanking God for what our children and youth have to teach us.
- (100) Write a prayer praising God as El Olam (Everlasting God).
- (101) Write a prayer asking God to help you forgive those who have spoken lies to you.
- (102) Write a prayer of repentance for the idols you've placed before God.
- (103) Write a prayer of petition asking God for physical healing.
- (104) Write a prayer of intercession for your local youth.
- (105) Write a prayer praising God as Jehovah Shalom (God our Peace).
- (106) Write a prayer of intercession for those who have left the Church after being hurt in a church.
- (107) Write a prayer thanking God for doors He's opened and for doors He's closed.
- (108) Write a prayer praising God for your salvation.
- (109) Write a prayer seeking God's heart for your spiritual growth.

- (110) Write a prayer asking God to shine His light on a lie you believe about yourself.
- (111) Write a prayer based on II Peter 3:9.
- (112) Write a prayer asking God to forgive you for the ways you've hurt others.
- (113) Write a prayer of adoration inspired by one of the Psalms.
- (114) Write a prayer confessing your need of God's grace.
- (115) Write a prayer inviting God's presence into your daily activities.
- (116) Write a prayer of repentance for the times you've not listened or not taken time to listen to God.
- (117) Write a prayer of petition asking God to bring you to a deeper level of relationship with Him.
- (118) Write a prayer thanking God for the Body of Christ in the world.
- (119) Write a prayer based on Psalm 104:33-34.
- (120) Write a prayer of intercession for the marriages and families in your community.
- (121) Write a prayer praising God for the ways He instructs you.
- (122) Write a prayer asking God to forgive those who have judged you.
- (123) Write a prayer of adoration focusing on God's love for the people around you.
- (124) Write a prayer praising God as Jehovah Rohi (God our Shepherd).

- (125) Write a prayer seeking God's heart for the lost in your community.
- (126) Write a prayer of petition asking God for the Body of Christ to be in unity.
- (127) Write a prayer inviting God's presence into your family.
- (128) Write a prayer confessing an area of your heart that is closed off.
- (129) Write a prayer of repentance, on behalf of your family, for any generational sin.
- (130) Write a prayer asking God to shine His light on an area of unbelief in your heart.
- (131) Write a prayer of intercession for those in your community who are homeless and those who are without the work they need.
- (132) Write a prayer confessing that you need God to teach you His ways.
- (133) Write a prayer asking God to forgive those who have hurt you in any way.
- (134) Write a prayer thanking God for your salvation.
- (135) Write a prayer of repentance, on behalf of your nation, for not putting God first in all things.
- (136) Write a prayer based on Psalm 40:1-4.
- (137) Write a prayer inviting God's presence into your home life.
- (138) Write a prayer praising God for His strength.
- (139) Write a prayer praising God as El Elyon (Most High God).
- (140) Write a prayer of petition asking God for emotional healing.

(141) Write a prayer asking God to shine His light on one way He desires to make His Kingdom more visible in your life.

(142) Write a prayer seeking God's heart for a challenging relationship.

(143) Write a prayer of adoration focusing on the ways you love God.

(144) Write a prayer asking God to shine His light on where you're stuck in a rut.

(145) Write a prayer of intercession for missionaries in the locale God puts on your heart (this could be your own community).

(146) Write a prayer of repentance, on behalf of your community, for whatever sins God reveals to you.

(147) Write a prayer based on Zechariah 4:10.

(148) Write a prayer praising God as El Shaddai (Almighty God).

(149) Write a prayer of adoration focusing on God's handiwork in nature.

(150) Write a prayer telling God how much He amazes you.

(151) Write a prayer inviting God's presence into your fun times.

(152) Write a prayer confessing the lies you believe about yourself.

(153) Write a prayer seeking God's heart for your life.

(154) Write a prayer of petition asking God for provision.

(155) Write a prayer asking God to forgive you of a sinful habit.

(156) Write a prayer thanking God for your life.

Please continue to write weekly or daily prayers as God leads you. Praise God!

A little about me

My name is Janet Eriksson. I'm a Christian inspirational writer. More than that, I'm one of God's kids, just like you. I belong to Jesus. At 45 years old, I'm blessed with a brand new life that God has given me. I serve in full-time Christian ministry, and this includes listening to God's heart and writing what He inspires. Here's a little about me, and you can find more below about my ministry involvement. You can also read about my writing-related experience in [My Journey](#).

I have a wonderful church family at [Dahlonega United Methodist Church](#), a Spirit-filled place of worship, fellowship, missions and outreach in north Georgia. I have a sweetheart of a cat, Crickett, who has been with me 19 1/2 years. She is charcoal-colored with pretty green eyes, and she has little white dots on two of her toes. I'm a child at heart. I enjoy coloring books, kids' crafts and making prayer bracelets. I'm crazy about stuffies! I love to watch the deer and the wild turkeys in my backyard. They bless me by enjoying their day right outside the window of my writing studio. I love spending time on the water - sailing, kayaking, tubing, rafting. The north Georgia foothills, overflowing with rivers and rapids, offer amazing opportunities for all of these. Nearby is our beautiful Lake Lanier for sailing. I enjoy distance-walking. Several years ago I had the privilege of completing the 60-mile walk for breast cancer awareness. I'm a very grateful ovarian cancer survivor. Oh, and no one knows why, but I'm crazy about sheep! I'd love to hear from you at jlynn.erik@gmail.com.

Jesus said, "You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and that your fruit should remain, that whatever you ask the Father in My name He may give you." -- John 15:16 (NKJV)

My heart for Christian ministry

My heart is for people who want a new life. No matter what you've been through, God's promise is to give you the desires of your heart, to restore your joy that's been lost (or that you've never had), and to bring you healing and peace. He's done it for me. He'll do the same for you. I'll stand with you in faith until you see His promises for yourself.

It's a joy to serve in transition, healing and prayer ministries through Finally Free Transition Ministry, Tree of Life Prayer Ministry, Dahlonega United Methodist Church, and in our wonderful community of Lumpkin County, Georgia. It's a joy to watch Jesus bring hope and new life to every heart that seeks Him. There is nothing He can't and won't do to bring you the incredible life He has planned just for you - the son or daughter of the Most High King!

I'm blessed to live in the beautiful community of Dahlonega, Georgia. I love conversation with friends, and I love front porch swings (although sweet tea should come with a warning label). I also enjoy traveling once a year with our mission team to Guatemala. Most of all, I love celebrating the wonderful changes God brings to your life. He loves you so much!